

Bio

Jill Avey, PCC, MBA Executive Coach

I help senior leaders develop so they can lead teams most effectively and grow to their full potential. I do this by supporting my clients to cultivate their strengths, empower their teams, and deliver better business outcomes as a result.

As a former executive, I have experienced the challenges leaders face firsthand. After 25 years, I left the corporate world to serve others and share my passion for leading that led to my success as a coaching manager.

After studying coaching at the International Coaching Institute, I earned my PCC certification with the International Coaching Federation (ICF). I am also certified in Conversational Intelligence, a discipline that uses neuroscience to improve team performance and to administer the Bates Communication ExPI Executive Presence 360 Assessment. I received my MBA from Columbia Business School with Dean's List honors.

I believe that everyone has talents they haven't yet fully realized. I am inspired to help my clients find deep fulfillment in their careers both personally and financially. I have been described by those who have worked with me as intuitive, curious, and authentic. As well, as a true thought partner who listens deeply to uncover what might not be readily apparent to expand her client's thinking. My approach is grounded in research, applied behavioral science, and my own personal experience.

